

The Engaged Living in Youth Scale

Please read each statement and CIRCLE the number (from 1 to 6) that is most like you. **ONLY** circle **ONE NUMBER** below each statement. There are no right or wrong answers. Please do your best, tell the truth, and answer all statements. Most important, have fun, and thank you!

1. I feel like a part of my community/neighborhood.

6	5	4	3	2	1
Exactly Like Me					Definitely Not Like Me

2. I would like to make the world a better place.

6	5	4	3	2	1
Exactly Like Me					Definitely Not Like Me

3. I feel everyone is put here for a reason.

6	5	4	3	2	1
Exactly Like Me					Definitely Not Like Me

4. While doing my hobbies (ex. sports, reading, musical instruments, acting, etc.), I feel "in the zone."

6	5	4	3	2	1
Exactly Like Me					Definitely Not Like Me

5. I feel blessed.

6	5	4	3	2	1
Exactly Like Me					Definitely Not Like Me

6. My hobbies (ex. sports, reading, musical instruments, acting, etc.) mean the world to me.

6	5	4	3	2	1
Exactly Like Me					Definitely Not Like Me

7. I am a spiritual person.

6	5	4	3	2	1
Exactly Like Me					Definitely Not Like Me

8. I use what I am good at to help others.

6	5	4	3	2	1
Exactly Like Me					Definitely Not Like Me

9. I have a purpose in life.

6	5	4	3	2	1
Exactly Like Me					Definitely Not Like Me

10. I love helping people.

6	5	4	3	2	1
Exactly Like Me					Definitely Not Like Me

11. I must be doing something active rather than doing nothing.

6	5	4	3	2	1
Exactly Like Me					Definitely Not Like Me

12. I get so involved in what I am doing, that I get "lost" in it.

6	5	4	3	2	1
Exactly Like Me					Definitely Not Like Me

13. I love to volunteer.

6	5	4	3	2	1
Exactly Like Me					Definitely Not Like Me

14. While doing my hobbies (ex. sports, reading, musical instruments, acting, etc.), I am very into it.

6	5	4	3	2	1
Exactly Like Me					Definitely Not Like Me

15. When I am doing something I like, I am only thinking about that.

6	5	4	3	2	1
Exactly Like Me					Definitely Not Like Me

Norms for the Engaged Living in Youth Scale for all Students (N = 2, 259)

Demographic	ELYS Total Mean	ELYS Total SD	ELYS Total Range	ELYS Total α	SI Mean	SI SD	SI Range	SI α	ENG Mean	ENG SD	ENG Range	ENG α
Female	68.23	11.18	28-90	.86	40.79	7.40	14-54	.83	27.45	5.65	8-36	.83
Male	65.89	11.13	28-90	.86	37.33	7.94	10-54	.83	28.55	5.08	8-36	.80
10-11 years old	71.98	9.49	41-90	.85	41.87	6.88	20-54	.84	30.11	4.10	13-36	.76
12-13 years old	68.50	11.06	28-90	.86	39.57	8.02	12-54	.85	28.93	5.01	12-36	.79
14-15 years old	66.23	11.23	28-88	.85	38.57	7.88	11-54	.84	27.64	5.53	9-36	.81
16-17 years old	64.84	11.11	30-89	.84	37.86	7.76	14-54	.82	26.97	5.66	8-36	.82
18-19 years old	66.27	11.86	29-87	.88	39.15	7.56	18-52	.83	27.12	6.07	11-36	.86
Caucasian	66.84	11.41	28-90	.87	38.71	7.93	12-54	.85	28.13	5.44	8-36	.83
African- American	68.71	9.87	38-88	.81	40.43	7.20	21-54	.81	28.23	5.23	13-36	.79
Asian	67.95	11.25	35-88	.87	40.01	8.34	10-54	.87	27.94	5.05	13-36	.81
Hispanic	65.26	11.41	35-87	.84	37.78	8.16	11-53	.82	27.49	5.34	13-36	.77
Other ethnicity	66.83	10.74	35-89	.83	39.83	7.31	18-54	.78	27.00	5.47	8-36	.79
Not in SPED	67.25	11.00	28-90	.86	39.17	7.72	10-54	.84	28.08	5.32	8-36	.82
In SPED	66.65	12.18	28-90	.87	38.83	8.44	12-54	.85	27.29	5.67	10-36	.80

Note. ELYS = The Engaged Living in Youth Scale; SI = Social integration; ENG = engagement; SPED = students receiving special education services. *Ns* for the samples are the following: Female (1,096), Male (1,087), 10-11 years old (278), 12-13 years old (515), 14-15 years old (609), 16-17 years old (620), 18-19 years old (74), Caucasian (1,440), African-American (226), Asian (187), Hispanic (97), Other ethnicity (181), Not receiving special education (1,972), Receiving special education (286).

Norms for the Engaged Living in Youth Scale for Girls (N =1,096)

Demographic	ELYS Total Mean	ELYS Total SD	ELYS Total Range	ELYS Total α	SI Mean	SI SD	SI Range	SI α	ENG Mean	ENG SD	ENG Range	ENG α
10–11 years old	72.74	9.30	42-89	.86	42.69	6.67	26-54	.84	30.05	4.08	13-36	.77
12–13 years old	70.90	10.52	35-90	.86	41.99	7.33	16-54	.84	28.92	4.98	16-36	.79
14–15 years old	67.14	11.23	28-88	.86	40.52	7.34	14-54	.82	26.62	5.66	9-36	.81
16–17 years old	65.93	11.00	35-89	.84	39.69	7.23	18-54	.81	26.23	5.69	8-36	.84
18–19 years old	64.22	14.03	29-87	.91	38.00	8.65	18-51	.87	26.22	7.21	11-36	.91
Caucasian	67.60	11.50	28-90	.87	40.02	7.52	14-54	.83	27.58	5.71	9-36	.84
African-American	69.92	9.73	43-88	.81	42.53	6.81	21-54	.81	27.39	5.40	13-36	.78
Asian	71.18	10.00	40-88	.85	43.29	7.00	21-54	.84	28.00	5.06	13-36	.80
Hispanic	67.45	10.72	35-87	.84	40.45	6.64	22-53	.76	27.00	5.61	13-35	.81
Other ethnicity	69.80	10.73	35-89	.83	42.87	6.28	18-54	.74	26.93	6.15	8-36	.83
Not in SPED	68.41	11.07	28-90	.86	40.85	7.29	16-54	.82	27.56	5.69	8–36	.83
In SPED	67.68	12.63	31-90	.87	40.71	8.44	14-54	.85	26.97	6.06	10–36	.81

Note. ELYS = The Engaged Living in Youth Scale; SI = Social integration; ENG = engagement; SPED = students receiving special education services. *Ns* for the samples are the following: 10–11 years old (134), 12–13 years old (266), 14–15 years old (298), 16–17 years old (316), 18–19 years old (37), Caucasian (692), African-American (106), Asian (90), Hispanic (43), Other ethnicity (90), Not receiving special education (852), Receiving special education (111).

Norms for the Engaged Living in Youth Scale for Boys (N=1,087)

Demographic	ELYS Total Mean	ELYS Total SD	ELYS Total Range	ELYS Total α	SI Mean	SI SD	SI Range	SI α	ENG Mean	ENG SD	ENG Range	ENG α
10–11 years old	71.35	9.73	41-90	.86	41.11	7.08	20-54	.84	30.24	4.12	15-36	.75
12–13 years old	65.91	11.03	28-89	.85	36.93	7.86	12-53	.83	28.99	5.04	12-36	.80
14–15 years old	65.33	11.15	35-87	.85	36.70	7.94	11-53	.84	28.61	5.22	11-36	.80
16–17 years old	63.70	11.16	30-88	.85	35.97	7.86	14-54	.82	27.72	5.23	8-36	.80
18–19 years old	68.32	8.93	50-82	.78	40.29	6.18	29-52	.73	28.03	4.60	17-36	.73
Caucasian	66.09	11.25	28-90	.86	37.36	8.07	12-54	.85	28.73	5.09	8-36	.80
African-American	68.01	9.73	45-87	.82	38.64	7.05	26-51	.79	29.30	4.80	16-36	.80
Asian	64.98	11.63	35-88	.87	36.97	8.36	10-54	.85	28.01	5.13	14-36	.83
Hispanic	63.62	11.82	35-83	.84	35.74	8.74	11-51	.82	27.89	5.19	14-36	.75
Other ethnicity	63.78	10.04	36-85	.81	63.56	6.88	21-50	.75	27.22	4.68	16-36	.72
Not in SPED	65.68	10.88	33-90	.85	37.06	7.87	10-54	.83	26.62	4.97	10-36	.79
In SPED	66.01	12.19	28–90	.88	37.64	8.41	12-54	.85	28.38	5.44	11-36	.80

Note. ELYS = The Engaged Living in Youth Scale; SI = Social integration; ENG = engagement; SPED = students receiving special education services. *Ns* for the samples are the following: 10–11 years old (141), 12–13 years old (244), 14–15 years old (302), 16–17 years old (303), 18–19 years old (37), Caucasian (704), African-American (113), Asian (95), Hispanic (53), Other ethnicity (88), Not receiving special education (841), Receiving special education (164).

***Note:* The sample sizes for the norms for girls and boys do not add up to the sample size for the general norms because the latter includes adolescents who did not provide data for their gender. Thus, we have more adolescents in the general norms sample.**